



# Human care from head to toe: A closer look at Humana's plans and services



## At Humana, we believe healthcare should be rooted in human care.

That's why we're dedicated to whole-person health and why we offer much more than just standard health plans. Our well-rounded plans are designed to care for your physical, mental and emotional health from head to toe. Here's an overview of what Humana has to offer.



### Group Medicare Advantage

Humana understands that every group of workers is unique, and their health plans should be too. Our Group Medicare Advantage plans are never one-size-fits-all. Instead, we are dedicated to meeting the individual needs of each retiree. We believe in going above and beyond expectations to make members feel comfortable, cared for and whole.

We listen to what retirees need and invest in them with dedicated account management for plan sponsors. Our member experience centered around human care has won multiple awards in the past year, including number one for customer experience in [Forrester's 2021 US CX Index™ survey](#).

<https://huma.na/3GHONgf>

Our Group Medicare Advantage plans are divided into two main categories:

- Preferred Provider Organization (PPO) plans
- Health Maintenance Organization (HMO) plans

These plans provide behavioral health, wellness programs and even meal delivery services. We also offer home support programs that allow members to maintain their independence while getting the medical attention they need from the comfort of their couch.

[Learn more about the Group Medicare offerings](#)

<https://huma.na/3pVuWn3>



## Group Medicare Prescription Drug Plan (PDP)

Save money on prescriptions with Humana's Group Medicare PDP. Get access to affordable drug premiums and predictable co-pays that make it easier to budget for prescription costs. With flexible benefit designs, plans can be tailored to fit the needs of retirees.

[Learn more about the Group Medicare PDP](https://huma.na/320ufAL)  
(<https://huma.na/320ufAL>)



## Individual Medicare Advantage

Our Medicare Advantage plans are designed to meet the physical, social and emotional health needs of seniors. That's why many of our Medicare Advantage plans include services like Go365® and SilverSneakers®. Go365 is a wellness program that lets you earn rewards for healthy activities like taking extra steps. SilverSneakers allows you to get moving and meet other members through classes like yoga, tai chi and group walking.

[Learn more about Individual Medicare Advantage](https://huma.na/3EY8Ne5)  
(<https://huma.na/3EY8Ne5>)



## Dental

An uninsured trip to the dentist can cost hundreds or even thousands of dollars. Our dental plans give you something to smile about by offering affordable monthly premiums and low co-pays. There's no need to worry about long waiting periods, as you can use your dental benefits in as little as 5-7 days. With more than 335,000 dentists and specialist locations in-network, you'll have no problem finding a provider that fits your needs.

[Learn more about Humana Dental](https://huma.na/3ynOZhG)  
(<https://huma.na/3ynOZhG>)



## Vision

See the future more clearly with Humana's vision plans. Benefits of our vision plans include annual eye exams, yearly allowances toward contacts and eyeglass frame allowances every 12-24 months. We have more than 95,000 in-network retailers and providers, making it easy for you to find the best frames and physicians for you.

[Learn more about our vision plans](https://huma.na/3EWcnpa)  
(<https://huma.na/3EWcnpa>)



## Pharmacy

Get your prescriptions delivered right to your door with Humana Pharmacy®. Our pharmacy can help you save time and money by providing 90-day supplies of your prescriptions, shipped accurately and quickly. New medicines arrive within 7-10 days, while refills typically take 5-7 days.

[Learn more about our Humana Pharmacy](https://bit.ly/3m0k6ek)  
(<https://bit.ly/3m0k6ek>)



## Commercial plans

Humana proudly offers health plans for companies of all sizes. Whether you're a small business with fewer than 100 employees or a larger corporation, Humana will ensure that your plan fits your company's needs. We also provide tools and resources to make sure your employees know how to get the most out of their benefits. This will help them stay healthy and make your business thrive.

[Learn more about our commercial plans](https://huma.na/3pWvM2X)  
(<https://huma.na/3pWvM2X>)